

# Flu-like symptoms screening tool for parents

## for our Spring Lake Park School District families

The Minnesota Dept. of Health (MDH) advises that parents and caregivers should use this questionnaire to assess the health status of children on a daily basis.

### Does the child have:

1. Fever (100° F or greater)?  Yes  No  
(take the child's temperature *before* giving fever-reducing medicine)
2. Sore Throat?  Yes  No
3. Cough?  Yes  No

### Should I keep my child at home?

- If you checked yes to fever AND one of the other symptoms, keep your child home for at least 24 hours after his or her fever is gone without use of fever-reducing medicine. For many children, this will be 5 to 7 days. Your child should feel well enough to participate before returning to school. If you have questions about your child's health or symptoms, call your healthcare provider.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, follow your healthcare provider's recommendation and school policy regarding when to return to school.

### What should I tell my child's school?

- If you checked "yes" for fever AND one of the other symptoms, tell your child's school attendance office that your child is home with influenza-like illness.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, tell your child's school attendance office.
- No personal information about you, including your child's name, will be shared outside of the school.

### For more information and ongoing updates

Call 651-201-5414 or 1-877-676-5414

Minnesota Dept. of Health website: [www.health.state.mn.us](http://www.health.state.mn.us)

Spring Lake Park Schools website: [www.springlakeparkschools.org](http://www.springlakeparkschools.org)



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